April 2022 Newsletter

Please join Women For: Orange County at our next online meeting

Memory, Aging, and Alzheimer’s Disease

How memory changes as you age
Alzheimer’s disease development
Strategies to keep your brain healthy and prevent Alzheimer’s

Monday, April 18, 2022

1:50 pm Join Zoom
2:00 - 3:00 pm - Zoom Presentation*
3:00 - 3:30 pm Brief Question & Answer

Please join Dr. Jenna Adams, postdoctoral researcher in the Department of Neurobiology and Behavior at the University of California, Irvine, who works within the Translational Neuroscience Laboratory, headed by Dr. Michael Yassa. Dr. Adams will highlight some of the recent research findings on brain aging and memory from the Biomarker Exploration in Aging, Neurodegeneration, and Cognition (BEACoN) Study at UC Irvine. Her discussion will include how memory changes as you age, how Alzheimer's disease develops, and strategies to keep your brain healthy and prevent Alzheimer's disease.

The BEACoN Study assesses how memory changes are related to brain structure, function, and Alzheimer's pathology in older adults who are still cognitively healthy. Using this data Dr. Adams is investigating how activation and connectivity of the brain's memory system is related to memory performance in older adults. She also investigates how two defining pathologies of Alzheimer's disease contribute to memory decline.

Dr. Adams received her PhD in neuroscience from UC Berkeley. Her dissertation research investigated the development of Alzheimer's pathology in older adults using neuroimaging techniques including positron emission tomography (PET). Dr. Adams received her BA in Psychology from UC Santa Barbara, where she first became interested in memory research and neuroimaging.

Among her many awards and honors, Dr. Adams recently received the Postdoctoral National Research Service Award (September 2021 - ongoing) and the Young Investigator Travel Scholarship for Human Amyloid Imaging Conference (January 2020). For more information on Dr. Adams and the UCI Translational Neuroscience Laboratory please see https://faculty.sites.uci.edu/myassa/jenna-adams/.

Join *Zoom Presentation

https://us06web.zoom.us/j/83922296474?pwd=Lytuang5NGw4THZpajVDdythQWE0UT09

Meeting ID: 839 2229 6474
Passcode: 386893

Any issues getting into Zoom meeting? Contact us through womenforoc@aol.com
Another April meeting, we hope you will consider attending

Americans United for Separation of Church and State-OC
Saturday, April 16th, 4 pm Zoom/In-person (Note Time Change)
Teri Sorey of “Supporters of Public Education”
Resisting the Religious Right’s Efforts to Privatize Public Schools
In-Person: You must email mail@au-oc.org to request a place
Join Zoom: See Meetup page or email mail@au-oc.org
For more information, www.au-oc.org

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Follow-up to March Meeting:
Hear My Story: I am not homeless. I am a Human Being.


Find out what is going on in your city
- Check city website for Housing Element and council meetings pertaining to homelessness, affordable housing
- Visit Kennedy Commission Housing Element Tracker for specific information on your city: https://www.kennedycommission.org/housing-element-tracker
- Write to your city council members regarding housing issues
- Attend city council meetings

Contact elected officials: voice your opinion and desired actions you wish them to take
- City Council board members
- Orange County Board of Supervisors https://board.ocgov.com/

Educate yourself
- Kennedy Commission: community-based non-profit working to increase the production of affordable homes to lower income households https://www.kennedycommission.org/
  They offer resources, volunteer opportunities, education, and events
- United to End Homelessness - Empowered by OC United Way: committed to reducing homelessness in Orange County https://unitedtoendhomelessness.org/
  They offer online and in-person classes: https://unitedtoendhomelessness.org/events

Attend a meeting, sign-up for a newsletter, donate, volunteer at any of the following organizations
- **FAM (Family Assistance Ministries)**: a faith-based non-profit organization assisting those in need in Orange County with resources to become self-sufficient https://www.family-assistance.org/
- **Families Forward**: a nonprofit committed to helping local families achieve economic independence and a stable home https://www.families-forward.org/
- **HHROC (Housing Is a Human Right OC)**: a coalition of volunteers dedicated to the principle that housing is a human right working to achieve supportive, affordable, and permanent housing for homeless individuals https://housingisahumanrightoc.org/
- **iHOPE (Interfaith Homeless Outreach Project for Empowerment)**: a pathway to success for homeless individuals and families in need of emergency and long-term resources in South Orange County https://www.ihopeoc.org/contactus
- **The Kennedy Commission**: working to create systemic change and increase production of affordable homes in Orange County https://www.kennedycommission.org/
- **OC YIMBY** (Yes In My Backyard): part of the nonprofit network of pro-housing advocates fighting for more housing in cities across CA https://www.peopleforhousing.org/
- **Stronger Women United**: a collective of women with lived expertise in housing displacement who are fighting for housing justice https://www.facebook.com/strongerwomenunited/
**United to End Homelessness**: committed to ending homelessness in Orange County
[https://www.unitedwayoc.org/how-we-are-doing-more/united-to-end-homelessness/](https://www.unitedwayoc.org/how-we-are-doing-more/united-to-end-homelessness/)

**Welcoming Neighbors Home**: believe in ending homelessness through a housing first approach while advocating for permanent supportive and affordable housing and providing direct services to those in need [https://www.welcomingneighborshome.org/](https://www.welcomingneighborshome.org/)

**Regarding SB 9**

The California HOME Act that looks to remedy our state’s housing crisis.

YIMBY Law’s SB 9 information: [https://cayimby.org/sb-9/#:~:text=SB%209%20would%20legalize%20this%20construction%20due%20to%20COVID%2D19](https://cayimby.org/sb-9/#:~:text=SB%209%20would%20legalize%20this%20construction%20due%20to%20COVID%2D19)

YIMBY Law’s recent workshop on SB 9:

Meeting Recording [https://us02web.zoom.us/rec/share/6cjpE3zSdCVpmI7oQcMdro2lJDm99TaFtAwIB4TTuOC3uDQ7bhqcFHys8v04nAoD.6iOqlAldqxnGYJh](https://us02web.zoom.us/rec/share/6cjpE3zSdCVpmI7oQcMdro2lJDm99TaFtAwIB4TTuOC3uDQ7bhqcFHys8v04nAoD.6iOqlAldqxnGYJh)

Accompanying Slide deck [https://docs.google.com/presentation/d/15Iw_sqsxyKknvFh4_ptk3R0kYkTV9197yCAUo4u9piE/edit#slide=id.gca56cb38a5_0_369](https://docs.google.com/presentation/d/15Iw_sqsxyKknvFh4_ptk3R0kYkTV9197yCAUo4u9piE/edit#slide=id.gca56cb38a5_0_369)

**Legislative Update for 2022**

Women For: Orange County supports the following legislative bills.

**Denotes new legislation involvement since last Newsletter**

**AB 2203** (Luz Rivas) Fair employment and housing protections: credit reports

This bill would prohibit requiring a consumer credit report as part of application process for rental housing accommodation where government rent subsidy exists.

Update: Bill passed to Assembly Judiciary Committee on 3/24/22
[https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220AB2203](https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220AB2203)

**AB 1949** (Low) Employees: bereavement leave

This bill would ensure California workers can take up to 5 days of unpaid bereavement leave after the death of a family member.

Update: Bill passed to Assembly Appropriations on 3/29/22

**SB 951** (Durazo) Unemployment insurance: disability insurance: paid family leave

This bill would increase the wage replacement for State Disability Insurance and Paid Family Leave to ensure low wage workers can afford to take the time off.

Update: Bill passed to Senate Appropriations on 3/22/22
[https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220SB951](https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220SB951)

Although not legislation, Women For: Orange County has also supported:

**Regional Advance Mitigation Policy Framework (RAMP)** Support letter sent to Southern California Association of Governments (SCAG). This program seeks to mitigate impacts of proposed projects in advance thus streamlining permits and protecting and restoring the environment. The potential is for a $1 billion conservation investment in Southern California ecosystems.

**2022 Calendar**

Online meetings will take place on the 3rd Monday of the month from 2 - 3:30 pm via Zoom.

Please note that meeting topics and/or dates may change if our speakers or panelists have unavoidable changes in their schedules.
May: Prevention of Gun Violence with Patricia Boe of Moms Demand Action  
June: Our Democracy

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Membership  
Women For: Orange County 2022 membership letter: https://bit.ly/3vBMDg1

If you would like to renew your membership or are not a current member and would like to join, go to http://www.womenfororangecounty.org membership, then print the membership application, fill it in, and mail it with your check to:

W4OC  
P.O. Box 5402  
Irvine, CA 92626-4502

Annual membership dues remain at $40.00 and $20.00 for students/low-income individuals.

As always, any donation will be gratefully accepted and are much appreciated. Thank you for your continued support.

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For the latest information on COVID-19 from OC Health Care Agency including vaccine facts, testing, vaccinations, and current variant information. https://occovid19.ochealthinfo.com/covid-19-vaccine-resources
(Updated April 4, 2022)

Thank you to Dr. Andrew Noymer for his thorough presentation on COVID-19. To follow Dr. Noymer on twitter: @AndrewNoymer

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womenforoc@aol.com  
http://www.womenfororangecounty.org

Please ‘like’ our WF:OC Facebook page: www.facebook.com/Women-For-Orange-County-180712315298354/