



Working for a Better World
a grassroots advocacy organization founded in 1984

April 2022 Newsletter

Please join Women For: Orange County at our next online meeting



Dr. Jenna Adams

Memory, Aging, and Alzheimer's Disease

How memory changes as you age
Alzheimer's disease development
Strategies to keep your brain healthy
and prevent Alzheimer's

Monday, April 18, 2022

1:50 pm Join Zoom

2:00 - 3:00 pm - Zoom Presentation*

3:00 - 3:30 pm Brief Question & Answer

Please join **Dr. Jenna Adams**, postdoctoral researcher in the Department of **Neurobiology and Behavior at the University of California, Irvine**, who works within the Translational Neuroscience Laboratory, headed by Dr. Michael Yassa. Dr. Adams will highlight some of the recent research findings on brain aging and memory from the Biomarker Exploration in Aging, Neurodegeneration, and Cognition (BEACoN) Study at UC Irvine. Her discussion will include how memory changes as you age, how Alzheimer's disease develops, and strategies to keep your brain healthy and prevent Alzheimer's disease.

The BEACoN Study assesses how memory changes are related to brain structure, function, and Alzheimer's pathology in older adults who are still cognitively healthy. Using this data Dr. Adams is investigating how activation and connectivity of the brain's memory system is related to memory performance in older adults. She also investigates how two defining pathologies of Alzheimer's disease contribute to memory decline.

Dr. Adams received her PhD in neuroscience from UC Berkeley. Her dissertation research investigated the development of Alzheimer's pathology in older adults using neuroimaging techniques including positron emission tomography (PET). Dr. Adams received her BA in Psychology from UC Santa Barbara, where she first became interested in memory research and neuroimaging.

Among her many awards and honors, Dr. Adams recently received the Postdoctoral National Research Service Award (September 2021 - ongoing) and the Young Investigator Travel Scholarship for Human Amyloid Imaging Conference (January 2020). For more information on Dr. Adams and the UCI Translational Neuroscience Laboratory please see <https://faculty.sites.uci.edu/myassa/jenna-adams/>.

Join *Zoom Presentation

<https://us06web.zoom.us/j/83922296474?pwd=Lytuandq5NGw4THZpaiVDdythQWE0UT09>

Meeting ID: 839 2229 6474

Passcode: 386893

Any issues getting into Zoom meeting? Contact us through womenforoc@aol.com

Another April meeting, we hope you will consider attending

Americans United for Separation of Church and State-OC
Saturday, April 16th, 4 pm Zoom/In-person (Note Time Change)

Teri Sorey of "Supporters of Public Education"

Resisting the Religious Right's Efforts to Privatize Public Schools

In-Person: You must email mail@au-oc.org to request a place

Join Zoom: See Meetup page or email mail@au-oc.org

For more information, www.au-oc.org

Follow-up to March Meeting:

Hear My Story: I am not homeless. I am a Human Being.

Housing First - What can you do?

(<https://bit.ly/3JzKISE>)

Find out what is going on in your city

- Check city website for Housing Element and council meetings pertaining to homelessness, affordable housing
- Visit Kennedy Commission Housing Element Tracker for specific information on your city: <https://www.kennedycommission.org/housing-element-tracker>
- Write to your city council members regarding housing issues
- Attend city council meetings

Contact elected officials: voice your opinion and desired actions you wish them to take

- City Council board members
- Orange County Board of Supervisors <https://board.ocgov.com/>

Educate yourself

- Kennedy Commission: *community-based non-profit working to increase the production of affordable homes to lower income households* <https://www.kennedycommission.org/>
They offer resources, volunteer opportunities, education, and events
- United to End Homelessness - Empowered by OC United Way: committed to reducing homelessness in Orange County <https://unitedtoendhomelessness.org/>
They offer online and in-person classes: <https://unitedtoendhomelessness.org/events>

Attend a meeting, sign-up for a newsletter, donate, volunteer at any of the following organizations

- **FAM (Family Assistance Ministries)**: a faith-based non-profit organization assisting those in need in Orange County with resources to become self-sufficient <https://www.family-assistance.org/>
- **Families Forward**: a nonprofit committed to helping local families achieve economic independence and a stable home <https://www.families-forward.org/>
- **HHROC (Housing Is a Human Right OC)**: a coalition of volunteers dedicated to the principle that housing is a human right working to achieve supportive, affordable, and permanent housing for homeless individuals <https://housingisahumanrightoc.org/>
- **iHOPE (Interfaith Homeless Outreach Project for Empowerment)**: a pathway to success for homeless individuals and families in need of emergency and long-term resources in South Orange County <https://www.ihopeoc.org/contactus>
- **The Kennedy Commission**: working to create systemic change and increase production of affordable homes in Orange County <https://www.kennedycommission.org/>
- **OC YIMBY (Yes In My Backyard)**: part of the nonprofit network of pro-housing advocates fighting for more housing in cities across CA <https://www.peopleforhousing.org/>
- **Stronger Women United**: a collective of women with lived expertise in housing displacement who are fighting for housing justice <https://www.facebook.com/strongerwomenunited/>

- **United to End Homelessness:** committed to ending homelessness in Orange County <https://www.unitedwayoc.org/how-we-are-doing-more/united-to-end-homelessness/>
- **Welcoming Neighbors Home:** believe in ending homelessness through a housing first approach while advocating for permanent supportive and affordable housing and providing direct services to those in need <https://www.welcomingneighborshome.org/>

Regarding **SB 9**

The California HOME Act that looks to remedy our state's housing crisis.

YIMBY Law's SB 9 information: <https://cayimby.org/sb-9/#:~:text=SB%209%20would%20legalize%20this,construction%20due%20to%20COVID%2D19>

YIMBY Law's recent workshop on SB 9:

Meeting Recording

<https://us02web.zoom.us/rec/share/6cjpE3zSdCVpml7oQcMdro2IJDm99TaFtAwIB4TTuOC3uDQ7bhqc fHy28v04nAoD.6iOglAlpdqxnGYJh>

Accompanying Slide deck

https://docs.google.com/presentation/d/15lw_sqsxYKknvFh4_ptk3R0kYkTV9197yCAUo4u9piE/edit#slide=id.gca56cb38a5_0_369

Legislative Update for 2022

Women For: Orange County supports the following legislative bills.

** Denotes new legislation involvement since last Newsletter

AB 2203 (Luz Rivas) Fair employment and housing protections: credit reports

This bill would prohibit requiring a consumer credit report as part of application process for rental housing accommodation where government rent subsidy exists.

Update: Bill passed to Assembly Judiciary Committee on 3/24/22

https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220AB2203

AB 1949 (Low) Employees: bereavement leave

This bill would ensure California workers can take up to 5 days of unpaid bereavement leave after the death of a family member.

Update: Bill passed to Assembly Appropriations on 3/29/22

https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220AB1949

SB 951 (Durazo) Unemployment insurance: disability insurance: paid family leave

This bill would increase the wage replacement for State Disability Insurance and Paid Family Leave to ensure low wage workers can afford to take the time off.

Update: Bill passed to Senate Appropriations on 3/22/22

https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220SB951

Although not legislation, Women For: Orange County has also supported:

****Regional Advance Mitigation Policy Framework (RAMP)** Support letter sent to Southern California Association of Governments (SCAG). This program seeks to mitigate impacts of proposed projects in advance thus streamlining permits and protecting and restoring the environment. The potential is for a \$1 billion conservation investment in Southern California ecosystems.

2022 Calendar

Online meetings will take place on the 3rd Monday of the month from 2 - 3:30 pm via Zoom.

Please note that meeting topics and/or dates may change if our speakers or panelists have unavoidable changes in their schedules.

May: Prevention of Gun Violence with Patricia Boe of Moms Demand Action
June: Our Democracy

Membership

Women For: Orange County 2022 membership letter: <https://bit.ly/3vBMDq1>

If you would like to renew your membership
or are not a current member and would like to join, go to
<http://www.womenfororangecounty.org> membership,
then print the membership application,
fill it in, and mail it with your check to:

W4OC
P.O. Box 5402
Irvine, CA 92626-4502

Annual membership dues remain at \$40.00 and \$20.00 for students/low-income individuals.

As always, any donation will be gratefully accepted and are much appreciated.
Thank you for your continued support.



For the latest information on COVID-19 from OC Health Care Agency
including vaccine facts, testing, vaccinations, and current variant information.

<https://occovid19.ochealthinfo.com/covid-19-vaccine-resources>

(Updated April 4, 2022)

Thank you to Dr. Andrew Noymer for his thorough presentation on COVID-19.
To follow Dr. Noymer on twitter: [@AndrewNoymer](https://twitter.com/AndrewNoymer)

womenforoc@aol.com

<http://www.womenfororangecounty.org>

Please 'like' our WF:OC Facebook page:

www.facebook.com/Women-For-Orange-County-180712315298354/